



EUROPEAN COMMISSION  
DIRECTORATE-GENERAL FOR EDUCATION, YOUTH, SPORT AND CULTURE  
Innovation, International Cooperation and Sport  
Sport

EAC-2019-0551

# Football for a Better Chance

## FINAL CONFERENCE

Applicant



External Partners



UNIMORE  
UNIVERSITÀ DEGLI STUDI DI  
MODENA E REGGIO EMILIA





# What is Football for a Better Chance (Football Chance)?

- EU funded project - Preparatory action
- Supported by The UEFA logo, which is a blue globe with the word 'UEFA' in white, all enclosed within a red circle with a yellow border.
- <https://www.frf.ro/football-chance-en/>





## Some information on Football Chance

### Who

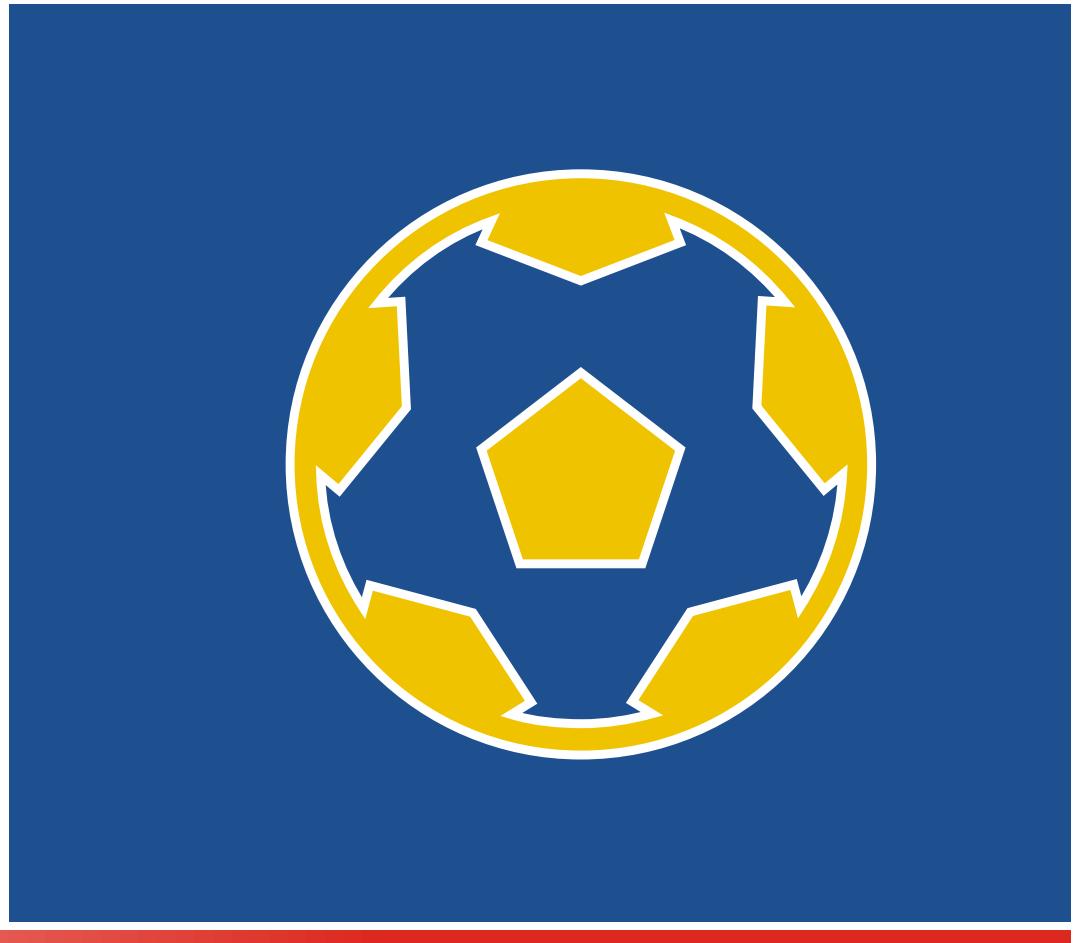
- Football player aged 14-18 years old, coming from disadvantaged areas and potentially at risk of radicalization.

### Why

- To reduce radicalized behavior in youngsters via football engagement

### How

- The activities tap into football because it is what youngsters love, but here football is also a metaphor, and all the activities are meant to refer to everyday-life situations and let them learn life-skills useful for their future lives.



# Structure of Football Chance

Three “core” areas of intervention:

**1. TEAM COHESION**



Making the team more and more united so that athletes will spend time in teams instead of engaging in illegal behaviour

**2. SELF-EMPOWERMENT**

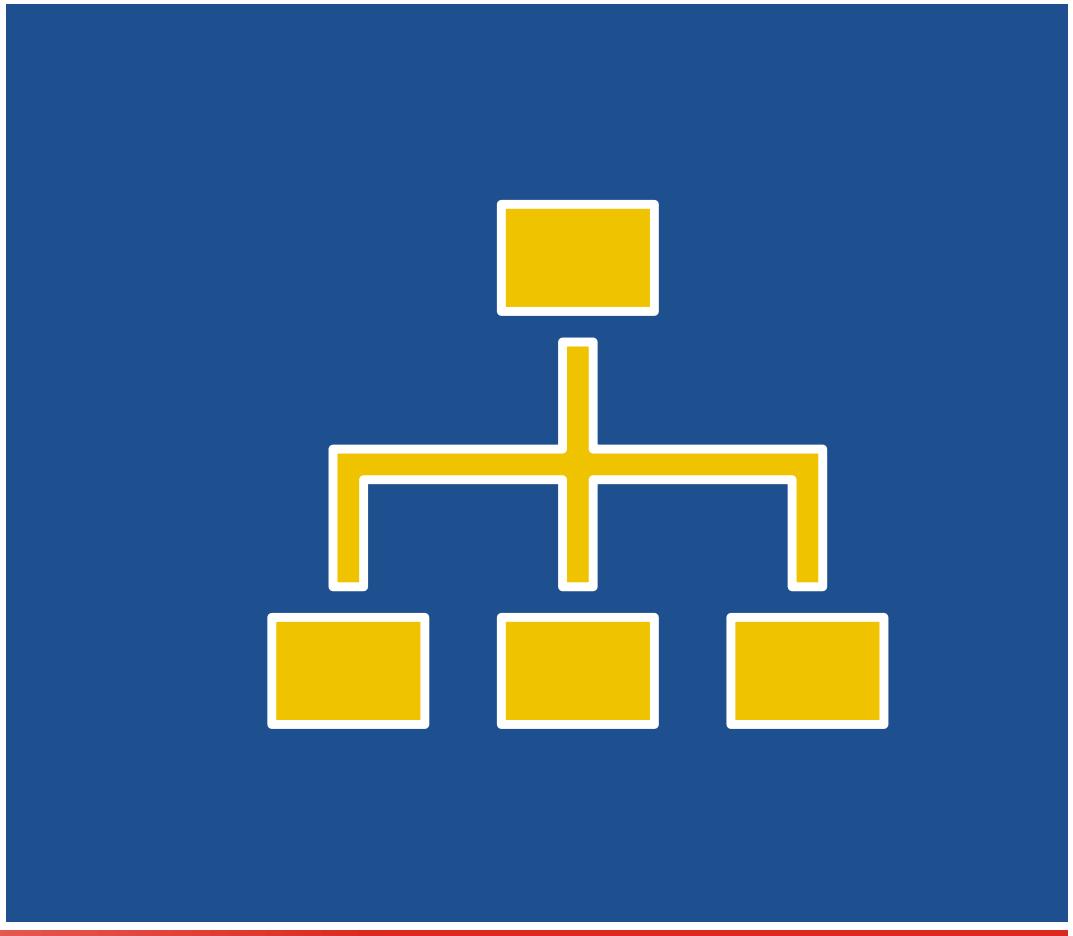


Making youngsters believe in themselves, find their own talent and make projects for their future in a functional way

**3. SOCIAL RESPONSIBILITY**



Developing a sense of community and rules for in and outside the team (with respect to society).



# Structure of Football Chance

Ten activities + a bonus activity

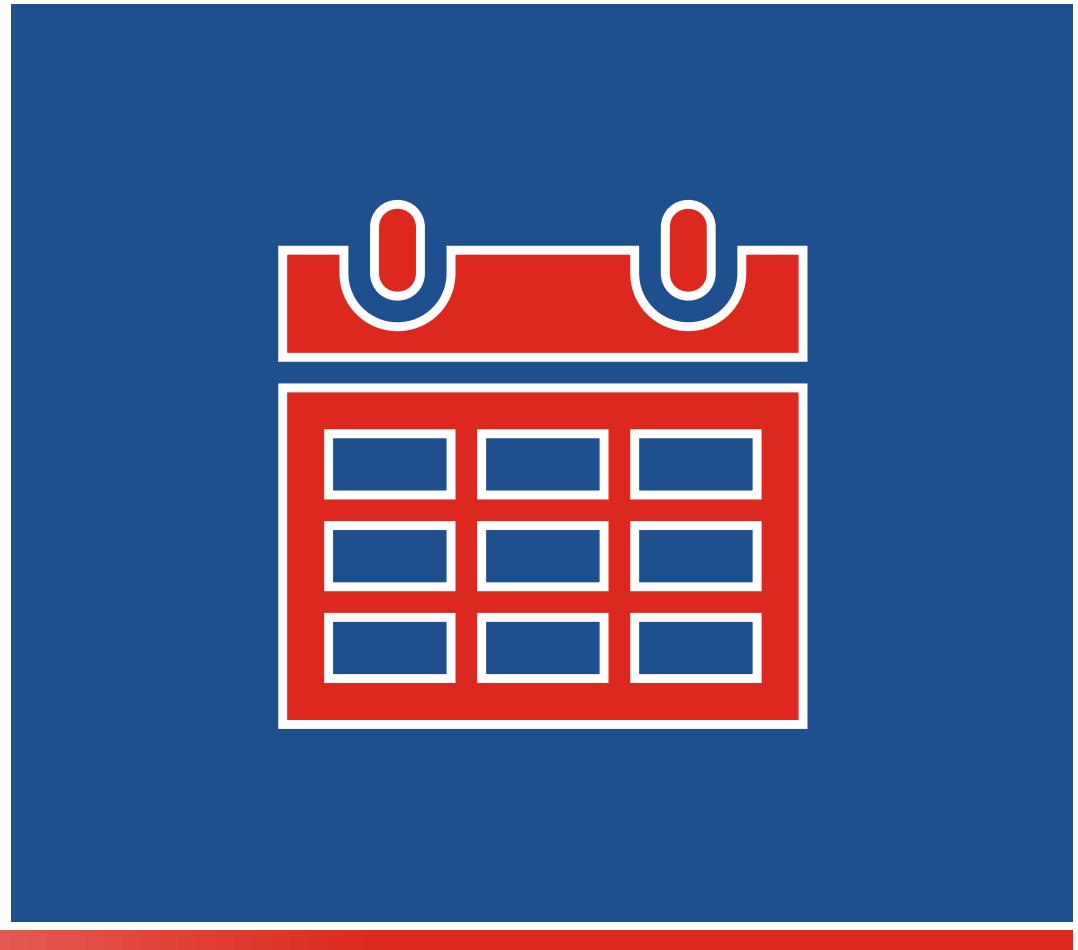
<b>Activity 1 - "Treasure hunt" (2 h)</b> <b>Activity 2 - "Teaming up" (2 h)</b>	
<b>Activity 3 - "Educational contract" (2 h)</b>	
<b>Activity 4 - "What is justice?" (1 h ½)</b>	
<b>Activity 5 - "A team day" (7 h)</b>	
<b>Activity 6 - "Labels: how do they make us feel?" (1 h ½)</b>	
<b>Activity 7 - "Self-efficacy" (1 h ½)</b>	
<b>Activity 8 - "At work for the little ones" (2 h)</b>	
<b>Activity 9 - "Being a role model" (4 h)</b>	
<b>Activity 10 - "Escape Room" (3 h)</b>	
<b>BONUS ACTIVITY - Development of an anti-discrimination choreography to be brought to the stadium during a National team match.</b>	



# Structure of Football for a Better Chance

## Steps of the journey:

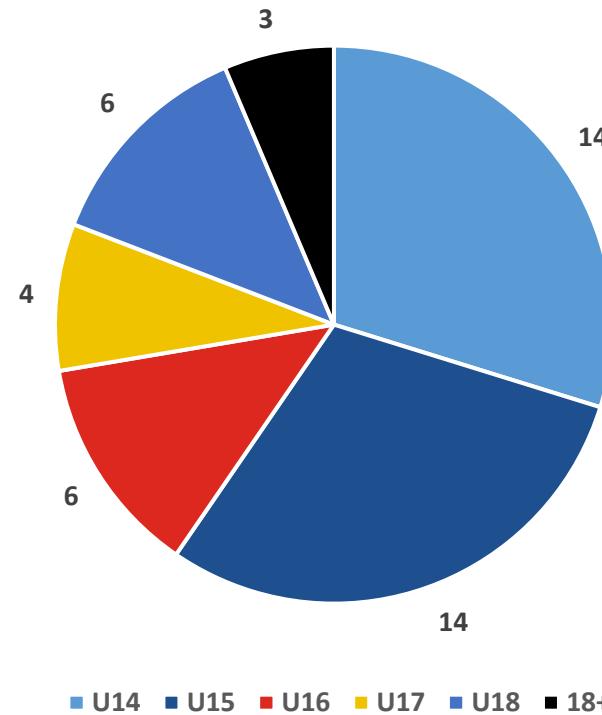
1. Training the trainers
2. (trainers) training the coaches
3. Coaches evaluating youngsters
4. Activities implementation
5. Coaches re-evaluating youngsters + youngsters evaluating the activities



## Results of Football Chance – Coaches questionnaires

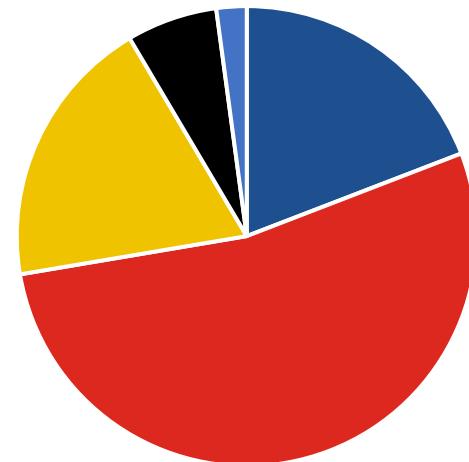
- 47 coaches from the five partner Countries
- 10 female coaches + 37 male coaches
- Mean age of coaches = 42 years old
- Teams: female teams = 5; male teams = 32; mixed teams = 10

Category of trained youngsters (number of teams)



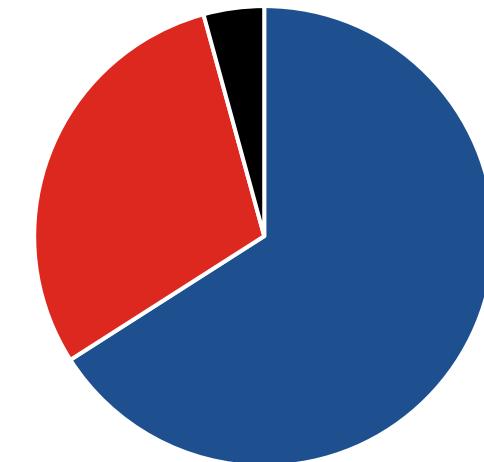
## Results of Football Chance – Coaches questionnaires

What is the % of athletes that you would define as troubled, suffering or problematic?



■ 0% ■ 20% or less ■ 21 to 40% ■ 41 to 60% ■ 61 to 80%

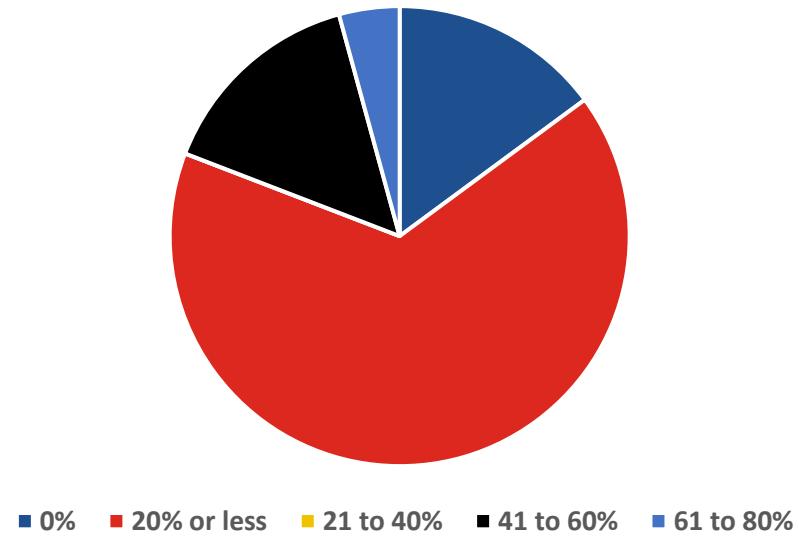
What is the % of athletes that (as far as you now) had problems with the law?



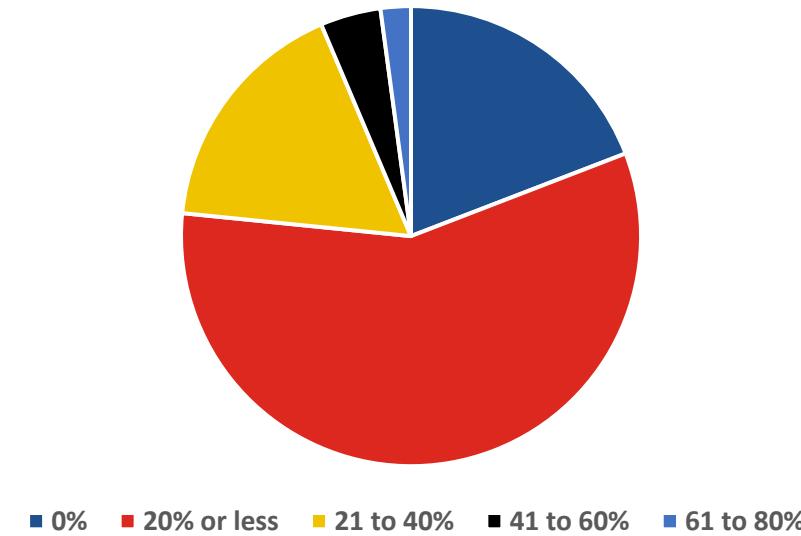
■ 0% ■ 20% or less ■ 41 to 60%

## Results of Football Chance – Coaches questionnaires

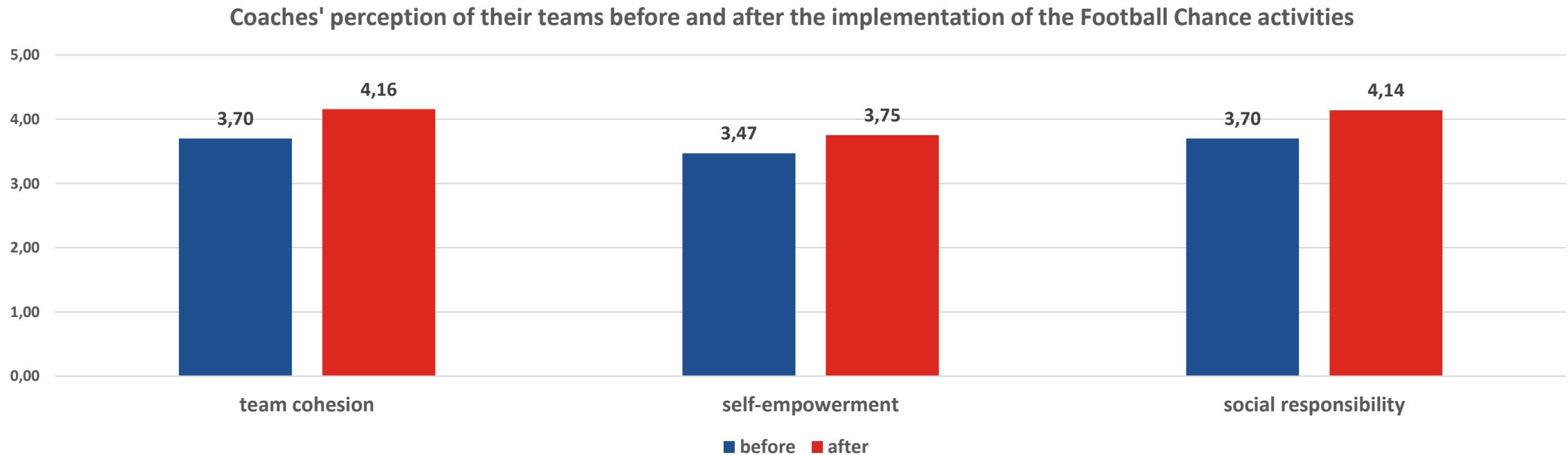
What is the % of athletes that (as far as you now) have problems at school?



What is the % of athletes that have behavioral problems (during practice as well)?



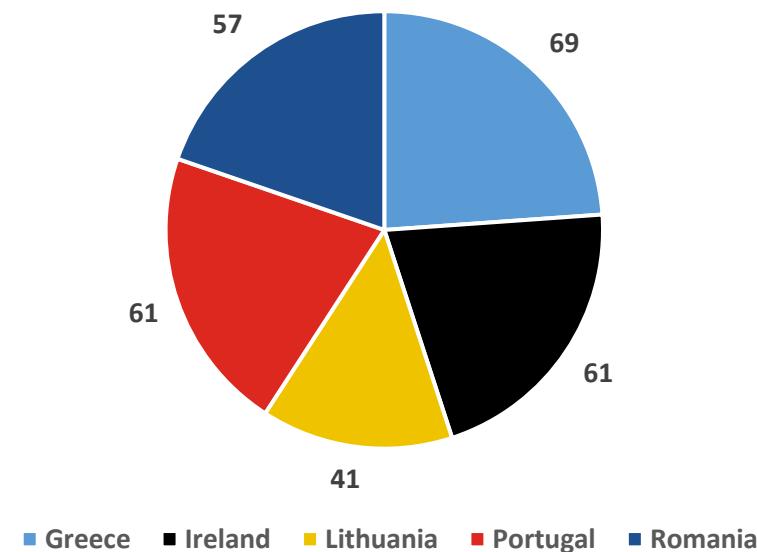
## Results of Football Chance – Coaches questionnaires



## Results of Football Chance – Youngsters questionnaires

Nationality of the youngsters who filled the final questionnaire

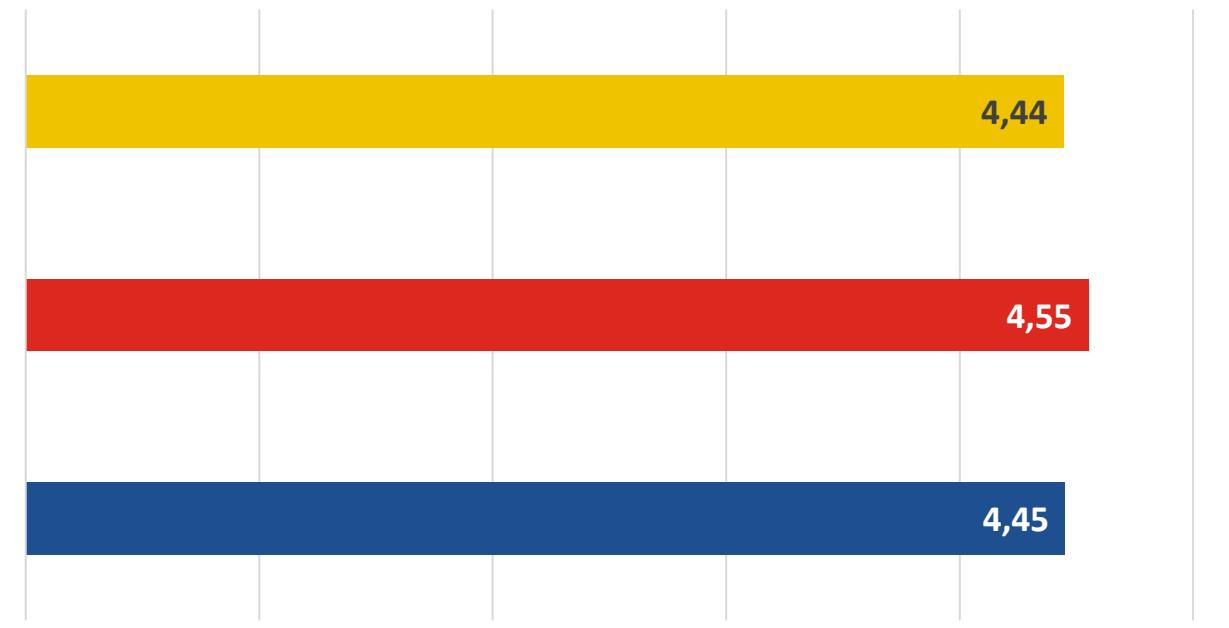
- 289 youngsters from the five partner Countries
- 74 females + 242 males
- Mean age of youngsters = 14 years old





## Results of Football Chance – Youngsters questionnaires

Did you have the opportunity to talk (discuss) about important topics such as following the rules, teamwork, etc. while attending the FFBC activities (trainings)?



Did you have fun attending the the FFBC activities (trainings)?

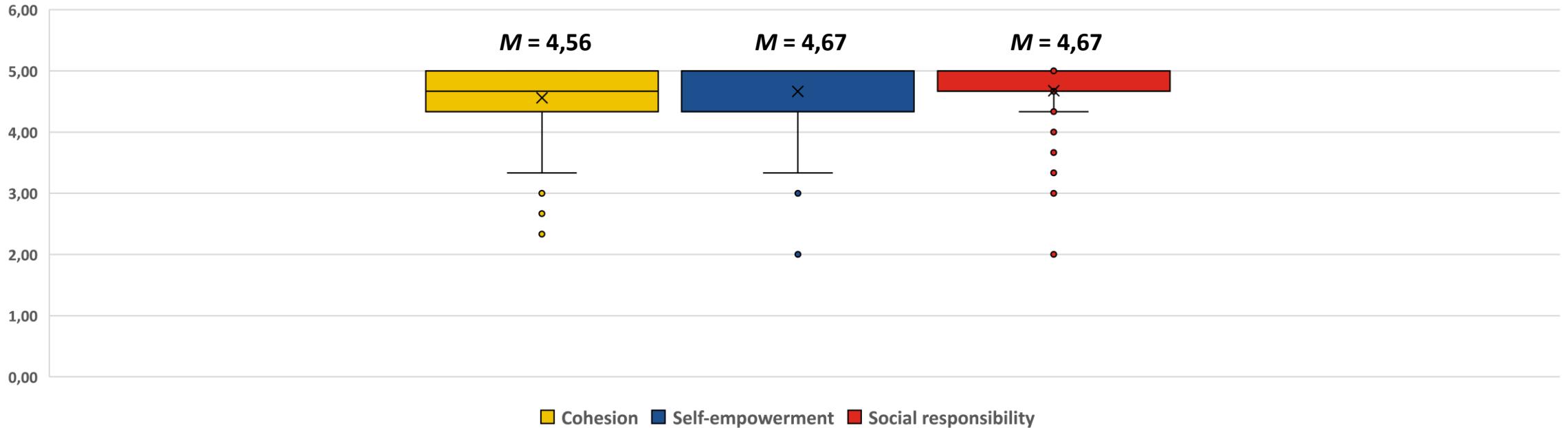


Did you enjoy the FFBC activities (trainings)?



## Results of Football Chance – Youngsters questionnaires

Youngsters' perception of themselves with respect to the three areas of the Football for a Better Chance intervention





# Thank you for your attention!



*This project has been funded with support from the European Commission.  
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